

Date	Skill Area	Activity /Session	What I did (Hard skill)	What I Learned/Developed. (Soft Skill)	Young Leaders Comments	Mentors Comments	Next Steps Agreed?	Certificate
Example 12/10/2025	Communication & Teamwork	Mock excavation activity	Helped set up the dig area and explained the task to YAC members	Improved confidence in giving instructions and working with the group	It was fun leading part of the activity. I felt more confident speaking to the group.	Great communication and clear instructions. Showed leadership potential	Yes- see below.	

Reflection and Next Steps

This section gives you and your mentor the chance to look back on what you've achieved, think about what you'd like to work on next and agree on your next steps together.

What I am most proud of:

Skills I'd like to develop next:

Mentors' summary of progress:

Young Leaders signature:

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Mentor's signature:

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